

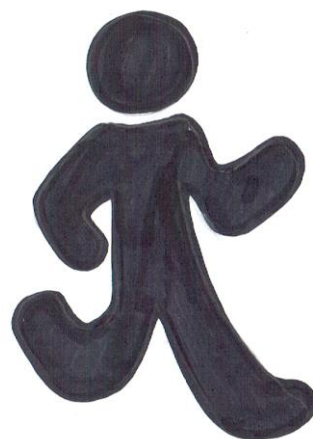
**PAJACYKI**



**PRZYSIADY**



**PODSKOKI**



**BIEGANIE**